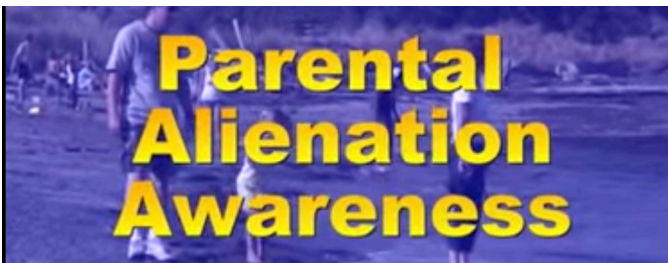


# THE MEN'S CENTRE

Resources for Men and their Families



*Our video on Parental Alienation is available online*



APRIL 25<sup>th</sup> 2018 HAS BEEN PROCLAIMED  
**PARENTAL ALIENATION  
AWARENESS DAY**  
by Bill McKay, Mayor Of Nanaimo

## LEADERSHIP TEAM



The Executive Director, Theo Boere, Program Manager, Glen Sexsmith and Office Manager, Carmen Barclay.

*The Men's Centre is a not-for-profit community service that promotes family-building and supports men in cultivating healthy relationships. We are a registered charity and are incorporated under the British Columbia Societies Act*

## Connectivity Supervised Access Services

Connectivity is a supervised access program that provides more than visits and access exchange services. This program helps get to the needs of the family, starting with visits and access exchange and we added parental support sessions and access to counselling and mediation. These additional services are a game changer for families, we find they help to identifying how to support the best interests of the child and move the parents towards a more productive parenting arrangement.

*If you are interested in learning more about our Connectivity services, please call us 250-716-1551*  
email [info@connectivityaccess.ca](mailto:info@connectivityaccess.ca)  
facebook [Connectivity Supervised Access Services Group](#)  
online <http://connectivityaccess.ca/>

## BOOTS TO SUITS



The Boots to Suits program was fortunate to receive some grant money from the City of Nanaimo. This will help to support the men looking for work or interview clothing through The Men's Centre. Thank you to the City of Nanaimo for supporting this important community service. We are always looking for gently used steel toe work boots for this program.



## MEMBERSHIP

**Membership to The Men's Centre**, includes one vote at the Annual General Meeting, quarterly newsletters and a mustache :) Recognition as someone who values and supports positive outcomes in the community. Annual Membership is only \$10. for individuals & \$100 for organizations.

250-716-1551

[www.themencentre.ca](http://www.themencentre.ca)

Spring 2018

# THE MEN'S CENTRE

## Resources for Men and their Families

### *GARDEN PROJECT*

*The Men's Centre was successful in securing a New Horizons for Seniors grant for a Garden project. The Centre is looking for some volunteers who are 55 and older to help get the project growing! If you are interested in getting outdoors in the soil and sun - planting seeds, plants, and flowers, then we'd love to hear from you. Your commitment can be whatever level you like. Please email [carmen@themenscentre.ca](mailto:carmen@themenscentre.ca) or call 250-716-1551 to speak with Carmen about dates and location.*

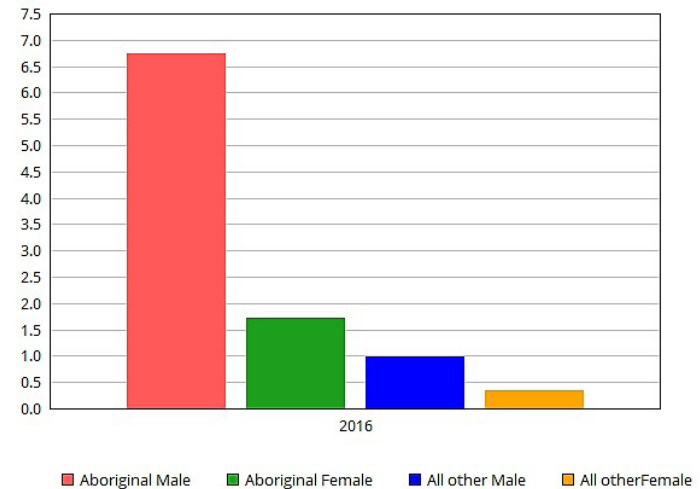
### *SERVICES OFFERED*

- **Dealing with the Dragon** - communication skills training continues to be offered every second month. The sessions are held on a Saturday and Sunday from 9:00-5:00 and are full to capacity. If this is something you are considering to attend, please call for dates, book and arrange payment prior to the next session.
- **Counselling** - continues to offer face to face, phone and Skype sessions on Tuesday, Wednesday and Thursdays. Bookings are 9:00-6:00. You can book your sessions online or give us a call 250-716-1551.
- **Boots to Suits** - available to clients of the Centre on referral from a counsellor or employment agency.
- **Dad's Groups** - we continue to offer a dad's group at Brannen Lake correctional centre. Other dad's groups may open up this fall.
- **Supervised Access** - through our newly launched Connectivity Supervised Access Services we offer support to parents and their children to stay connected through the supportive transition services of the Connectivity program.
- **The Men's Centre Website** has lots of great resources, videos, audio, and many topics related to current men's mental and physical health.
- **We are looking for volunteers** for the front desk, and social media, visit this link to learn more
- <http://themenscentre.ca/volunteers/>

### Did you know?

Aboriginal males are 230% more likely to be murdered and missing than Aboriginal females? According to Maclean's magazine, Canadian Aboriginal males have a higher murder rate than war torn Somalia.

by Aboriginal and non-Aboriginal Identity 2016



CANSIM Tables 051-0001 and 253-0009

### *BOARD OF DIRECTORS*

The Board of Directors held their annual general meeting November 28, 2017. The meeting resulted in changes to the Constitution and Bylaws and re-election of the previous board members 2017-2018 Directors

Jim Richardson - Chair  
 Frank Brown - Secretary/Treasurer  
 Robert Kennedy - Director  
 Sarah Mattes - Director  
 Theo Boere - Director

### *A SPECIAL THANK YOU TO OUR SPONSORS*

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 L'Association des  
 Francophones de Nanaimo

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